

RVA Tumbling Academy Parent Handbook

Welcome

Welcome to RVA Tumbling Academy. Our mission is to develop confident, capable athletes through structured coaching, purposeful progression, and a lifelong appreciation for movement.

Development Philosophy

We prioritize long-term athletic development, movement quality, safety, consistency, and confidence over rushed advancement.

Programs

Early Development, Academy Program, Athletic Training Program (ATP), and Private Coaching are designed to support athletes at various stages of development.

Athlete Placement & Advancement

Coaches retain final discretion regarding athlete placement and advancement. Progression is based on consistent, safe execution of prerequisite skills, maturity, attentiveness, and readiness.

Enrollment & Memberships

Enrollment reserves an athlete's spot in a class. Families are responsible for maintaining an active parent portal account and accurate contact information.

Tuition & Billing

Memberships are billed on a recurring basis. Tuition secures an athlete's reserved place within a program. Missed classes generally do not qualify for refunds.

Attendance & Withdrawal

Consistent attendance is encouraged. Written cancellation notice should be submitted at least 14 days before the next billing cycle.

Safety & Skill Progression

Athletes may only attempt skills assigned, approved, or supervised by coaching staff. Safety is always the highest priority.

Spotting & Physical Assistance

Coaches may use hands-on spotting and physical guidance when appropriate for safety, learning, and skill development.

Injury & Illness

Participation may be modified following injury or illness. Physician clearance may be required before returning to activity.

Dress Code

Athletes should wear athletic attire, secure long hair, remove jewelry, and follow footwear requirements established by the academy.

Parent Expectations

Parents are asked to support a positive environment, arrive on time, and allow coaches to provide instruction without sideline coaching.

Media Release

Photos and videos may be used for educational and promotional purposes unless otherwise communicated in writing.

Assumption of Risk

Participation in athletic activities involves inherent risk. All families must complete required waivers and acknowledgements prior to participation.

Right to Refuse Service

RVA Tumbling Academy reserves the right to suspend or terminate participation when safety, conduct, or policy concerns arise.

Final Note

This handbook is intended as a foundation and may be updated as RVA Tumbling Academy grows. Additional policies may be communicated through the parent portal.